



**You Are My Sunshine (YAMS) SCIO**

**Report and Accounts**

**Year Ended 30 June 2024**

**Scottish Charity No. SC048442**

**Company Number: CS003444**

# You Are My Sunshine (YAMS) SCIO

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# You Are My Sunshine (YAMS) SCIO

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## **Charity Information** *for the year ended 30 June 2024*

### **Trustees**

Vivienne Maclaren	Chair	Appointed June 2024
Susan Cochran	Chair	Resigned June 2024
David Mackie	Vice Chair	Resigned April 2023
Natalie Bruce	Secretary	
Lisa Anne Sweeney	Treasurer	
Claire Crothers		
Gillian Lynch		
Jennifer McHarrie		
Gemma Fay		
Michelle Hunter		Resigned December 2023

### **Principal Address and OSCR Contact Address**

c/o You Are My Sunshine  
Newarthill Library  
Newarthill  
Motherwell  
North Lanarkshire  
ML1 5BB

**Website:** [www.yams.org.uk](http://www.yams.org.uk)

### **Bankers**

Bank of Scotland  
32 Brandon Parade South  
Motherwell  
North Lanarkshire  
ML1 1RB

### **Independent Examiner**

Allison Devine C.A.  
Alexander Sloan LLP  
Accountants and Business Advisers  
180 St Vincent Street  
Glasgow  
G2 5SG

### **Solicitors**

Watters Steven & Co.  
291 Brandon Street  
Motherwell  
North Lanarkshire  
ML1 1RS

# You Are My Sunshine (YAMS) SCIO

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## **Trustees' Annual Report** *for the year ended 30 June 2024*

The Trustees are pleased to present their Report together with the Accounts for the year ended 30 June 2023.

### **Structure, Governance and Management**

The charity is a Scottish Charitable Incorporated Organisation (SCIO) incorporated and registered as a charity on 06 June 2018 with a board of trustees who provide oversight and governance.

There are 8 trustees on the board who meet quarterly and are responsible for the strategic direction and policies of the charity. All have a diverse range of professional backgrounds relevant to the work of the charity. The Financial and Administration Consultant has a specific role but does not sit on the board and has no voting rights.

A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Chair and Charity Manager. The Charity Manager is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met and has responsibility for the day-to-day operational management of the hub. The Chair has the responsibility for individual supervision of the staff team and ensuring that the team continues to develop their skills and working practices in line with good practice.

### **Responsibilities of the Trustees**

OSCR, the Charity Regulator, is required to monitor, encourage and facilitate charities' compliance with charity law and to increase public confidence in charities. It is a legal requirement for all charities to send a copy of their accounts to OSCR. The trustees have responsibility for preparing the annual Accounts in accordance with applicable charities legislation. The board have created and implemented policies and procedures which safeguard the charity against risks both operational and financial. The volunteering services provided by the financial and administrative consultant include book-keeping, financial statements, tracking, financial insight and forecasting.

Accounts are either subject to independent examination or audit, in line with legislative requirements. For the 2024 financial year the Accounts have been subject to independent examination.

### **Risk Management**

The Board has conducted a review of the major risks to which the charity is exposed. A risk register has been established and is updated as required. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with the health and safety of staff, volunteers, clients and visitors to the hub and to our Chat Café spaces. Our procedures and policies are reviewed quarterly or as required to ensure a consistent quality of delivery for all operational aspects of the charity and to ensure that they continue to meet the needs of the charity.

# You Are My Sunshine (YAMS) SCIO

## **Trustees' Annual Report (continued) for the year ended 30 June 2024**

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### **Aims and objectives**

Our charity's purposes as set out in our constitution are to:

Raise awareness of Mental Health, to fight stigma, educate and advocate for equal and improved care with the object of improving the conditions of life. To provide the inhabitants of Scotland a safe place to seek immediate support for issues surrounding mental ill-health and advise on pathways towards employment and education with the co-operation of local authorities, voluntary organizations and inhabitants in a common effort.

- To help people affected by mental health issues residing in Scotland and in particular:
- The encouragement of common effort
- The advancement of education
- The improvement of health and wellbeing
- The saving of lives
- The promotion of community inclusion and equality
- The provision of recreational facilities, or the organization of recreational activities with the object of improving the conditions of life for people experiencing from mental illness
- The relief of those in need by reason of mental ill-health
- The advancement of human rights and reconciliation in relation to campaigning for more awareness and advocating for equal and improved care from those from mental ill-health
- To provide facilities (or assist in the provision of facilities) in the interest of social welfare so that the conditions of life may be improved for the residents of Scotland

### **Ensuring our work delivers our aims**

In line with the OSCR's guidance on public benefit we continually review our objectives, to ensure we meet our aims and measure our effectiveness whilst mitigating any risks. This approach ensures we remain focused and shapes the planning of future activities.

### **Trustee Induction and Training**

New trustees are invited will be encouraged to attend a series of short training sessions to familiarize themselves with the charity and the context within which it operates. These are jointly led by the Charity Manager and the Chair of the charity and cover:

- The obligations of Board members.
- The main documents which set out the operational framework for the charity include the Constitution, Strategic Plan, Business Plan and Code of Conduct Handbook.
- The charities' vision, aims and objectives.

A new trustee pack has also been prepared drawing information from the various OSCR publications signposted through the OSCR's guide "Guidance and good practice for Charity Trustees" as a follow up to these sessions. This is distributed to all new trustees along with the Constitution and the latest financial statements. Feedback from new trustees about their induction has been very positive.

Charity Trustees are aware that they must act in the interests of the charity by operating in a manner consistent with the charity's purpose and act with care and diligence whilst managing any conflict of interest between the charity and any person or organization who appoints trustees.

Must comply with the 2005 Act (specific duties):

- Charity details on the Scottish Charity Register
- Reporting to OSCR: making changes to your charity
- Financial records and reporting
- Fundraising
- Providing information to the public

# You Are My Sunshine (YAMS) SCIO

**Trustees' Annual Report (continued)** for the year ended 30 June 2024

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## **Volunteer Induction and Training**

To assist with growth and development we plan to run annual "volunteer recruitment open days".

Potential volunteers are required to fill out an application form. When this is processed the charity Chair will make contact to discuss their potential involvement and the work of the charity. If it is agreed, the volunteer can enhance the charity and the charity can support the volunteers' needs and requirements, then the volunteer will be asked to follow a recruitment process:

- Go through an enhanced PVG
- Apply to a Suicide Talk or related course
- Plan to go through a Mental Health First Aid Course (depending on current credentials)
- Plan to go through an ASIST course (depending on current credentials)
- Read and sign the Charity Volunteer Expectations and Code of Conduct policies

## **Achievements and Performance**

### **The focus of our work**

Our strategy is to complement the social services and DBI worker roles by providing specific staff trained in recognising and supporting those with mental health related issues. A mixture of personal approaches, referrals and partnership working we create the trust needed for anyone experiencing mental ill health to talk about their problem and seek help without feeling stigmatized. By explaining the services available to them and by developing support networks of peers and mental ill health and suicide survivors, we aim to change and rescue lives from the misery of poor mental ill health and suicide.

Our main objectives for the year continued to be raising awareness of mental health through education and providing support for those experiencing or affected by mental ill health and suicide. To offer a safe environment and welcoming atmosphere where anyone can find tailored advice on mental health, free relaxation therapy online and free counselling via face to face, phone or video call. To establish a community where mental health and wellbeing is fully supported through social inclusion, reducing stigma, and empowering one's own recovery.

To create a facility of excellence where service users can nourish within a resourceful, relaxed, and holistic environment to allow them to experience a quality of life that fulfils their desired outcomes.

The strategies we used to meet these objectives included:

- Providing a range of services which are reflective of relevant quality standards and address the potential problems related to mental ill health.
- Focusing upon limiting the harm and distress that comes with mental ill health, to ensure we are educating and creating awareness through social media, sharing services, signposting and offering support.
- Working towards our 5-year plan to ensure we are continually exploring opportunities to develop, grow and adapt our service to the needs of our service users.
- Working in partnership with other agencies to secure the widest range of services available that best matches the needs of our service users.

We continue to address mental health concerns that affect people at different stages, for example raising awareness of mental health and wellbeing, counselling support, drop-in support and activities, 1:1 sessions and group work delivery. Providing early access to support to assist with empowering people to address their problems at an early stage which will have a positive impact on reducing the burden on statutory services such as GP's, social work services, CAMHS and secondary mental health services.

# You Are My Sunshine (YAMS) SCIO

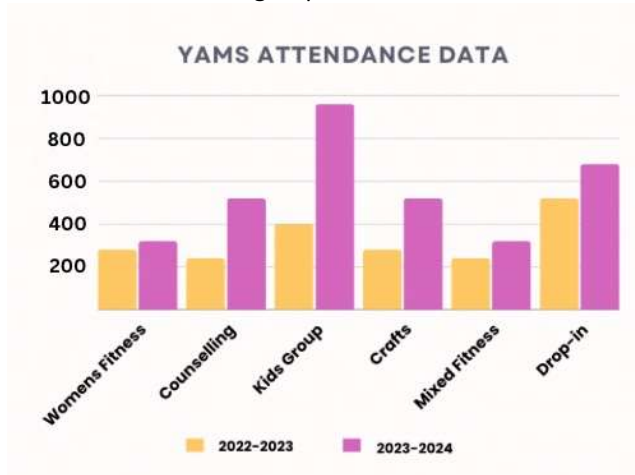
Trustees' Annual Report (continued) for the year ended 30 June 2024

## Achievements and Performance (continued)

Due to the demand for our services and a successful Improving Lives Lottery application which was successful in January 2023, we have recruited 2x Part-time Project Coordinators to drive forward our strategic objectives and vision, whilst delivering essential support services to communities across Scotland. 2025 will be the final year of this funding which we hope will continue with a further successful application.

The attendance at our activities, drop-in and counselling service have all increased from last year to this year. For example:

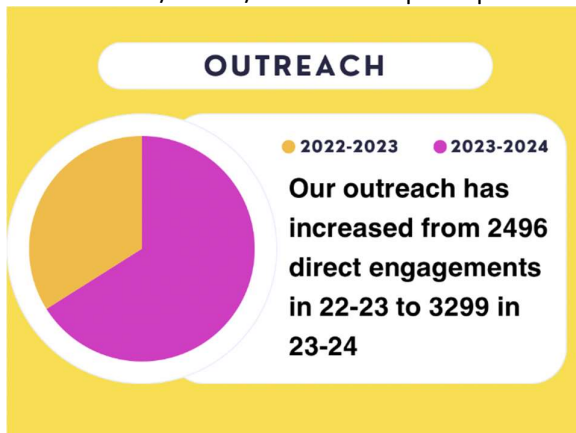
- Our drop in hub has increased from 442 last year to 653
- Counselling from 234 to 509
- Sunshine kids group 401 to 980
- Crafts 351 to 531
- Mixed fitness group 222 to 306



## How our activities deliver public benefit

Our main activities and who we try to help are described below. All our charitable activities focus on supporting those directly experiencing mental ill health and associated wellbeing issues, their families, carers and wider community. All activities undertaken are to further our charitable purposes, benefiting members of the public, education, statutory and non-statutory services. Our charitable activities and services target individuals who otherwise struggle to access services relating to mental health, and those who require additional supports for diagnosed mental illness.

Our Outreach/Events/Presentation participants reached **2496** in 22-23 and increased to **3299** in 23-24:



# You Are My Sunshine (YAMS) SCIO

Trustees' Annual Report (continued) for the year ended 30 June 2024

## Achievements and Performance (continued)

### Who used and benefited from our services?

Our objectives and funding determine the services we provide. Our services are tiered and range from informal drop-in support, 1:1 peer support, to referral for counselling and children's nurture support with little to no wait times. Part of the service we provide is to triage an individual's commitment to seeking help and to navigate what supports and services are relevant to their needs. Free and equal access to our services is the foundation of our charity. Due to the increasing demand for mental health support for children, we developed our Children's support sessions into individual draw and talk sessions also using LIAM (Lets introduce Anxiety Management) which allowed us to adapt our support to the needs of our visitors and reach more children.

In 2022-2023 we spent **one hour supporting** under 16's and **234** hours supporting over 16's through counselling and LIAM.

In 2023-2024 we spent **194 hours supporting** under 16's and **302** hours supporting over 16's through counselling and LIAM.

### COUNSELLING DATA



We supported **23** clients in 2022-2023 and **49** clients in 2023-2024 through counselling and LIAM.

Our drop-in 1:1 support on a Monday night also noticed an increase from **442** last year to **653** this year. Scottish Mental Health Statistics

### Collaborative Working

We are grateful to **Patricia's Coffee Bar** for their continued support in offering a safe space to run a YAMS Chat Café in Govanhill. Stephanie Docherty, our YAMS chat café co-owner at Patricia's Café offers this safe space for our YAMS support worker to deliver support group sessions to the local community.

**WestRock Printers** continue to be an excellent source of support for our charity. Not only through free printing of our thank you cards but annual monetary donations and also Christmas Boxes for our volunteers.

We have worked with our friends at local charity **Community Action Newarthill** to offer their ladies group a mental health and wellbeing presentation this was also in collaboration with the **Scottish Fire and Rescue Service** who supported the presentation through YAMS with a discussion about Fire Safety in the home.

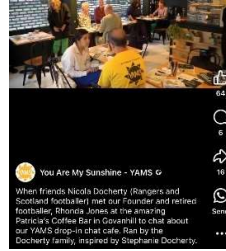
During mental health awareness week in April 2024, our Founder was interviewed by the Health & Wellbeing Manager, Karen Kidd, of **Scottish Widows** which was aired to around **3500** employees at their Edinburgh branch.



# You Are My Sunshine (YAMS) SCIO

## Trustees' Annual Report (continued) for the year ended 30 June 2024

### Achievements and Performance (continued)



We have developed a partnership with **Wishaw General Hospital**. Through the Hospitals request we have been hosting an outreach program since November 2023. This monthly event involves YAMS providing an information stall for members of the public accessing the hospital including any staff.

We are also thankful to **SQA** who have been our charity partners for 5 years, raising an incredible £24k for our charity over that time. A special thank you to their informal committee for driving this forward for us and taking us into their hearts. This partnership came to a close on June 2024. We are so grateful for all of their support.

We are currently working with **Volunteer Scotland** and **VANL** to complete our portfolio of evidence and achieve a Volunteer Friendly award by the end of 2024.

We supported wellness days in **Barclays Bank**, Glasgow in October 2023 and April 2024.

We worked with **ITISON** this year who donated vouchers for many local food restaurants and activities to reward our incredible volunteers for donating their time and for our service users to support them and their families.



Katie and Gillian promoting YAMS at Barclays Bank in Glasgow today! Seeking volunteers for fundraising and events 🌟



If you are in wishaw General Hospital today pop along and say hello to Katie at our information stall 🌟



Our partnership continues to grow with **The Scottish Fire & Rescue Service**, we have been named on the Service Website as a partner Mental Health Charity after being invited along to well-being promotion days at the SFRS Headquarters in Cambuslang and rodeos across the country.

We also work alongside the **SFRS Community Action Team** who offer the children who access our charity support through their Fire Reach Program. This gives the children a 5-day experience of being a FireFighter including credits towards an SVQ portfolio.

**The Scottish Fire and Rescue Service** and YAMS entered a combined team in the **North Lanarkshire Council**, Ravenscraig Suicide Prevention football tournament on September 13<sup>th</sup>, 2023, at the Ravenscraig Regional Sports Center. The team ended up in the final but were sadly knocked out by a last-minute goal.

We continued our excellent relationship with **NHS Lanarkshire** by working in partnership to host Suicide Prevention Training together for our volunteers and members of the community.

# You Are My Sunshine (YAMS) SCIO

## Trustees' Annual Report (continued) for the year ended 30 June 2024

### Achievements and Performance (continued)

Our volunteers and members of the community thoroughly enjoyed an NHS Suicide Prevention Training course hosted by Jenny Hutton and Daniel Purves-Meechan on October 3rd. Thank you once again to the Alona Hotel and M&Ds Scotland's Theme Park (our charity partners) for providing their conference room as the venue 🙏🏻



Another fantastic wellbeing day at the fire station. Great catching up with other charity groups and raising awareness around mental health. 🙏🏻



We are grateful to be endorsed by **M&Ds, Scotland Theme Park** and the **Alona Hotel in Strathclyde Park** into 2024. Thanks to their support we have had access to free theme park tickets, collection days, and use of conference rooms for trustee meetings. We have been given the free use of the Alona Banqueting Suite for our annual Jams for Yams Music for Mental Health fundraising event.

Both **Russell Brown** and **Rosemary Stewart** from **North Lanarkshire Council Libraries** have been an excellent source of support in our partnership efforts with NLC Libraries.

YAMS and the **Scottish Fire and Rescue Service, Community Action Team** worked together in October 2023 to give 7 young people from YAMS an opportunity to build resilience, teamwork and discipline skills on an SVQ certified FireReach course. The young people gained SVQ credits and a portfolio of evidence to support a brighter future.



The **National Lottery, Improving Lives** grant was successful awarding £100,040 over a two-year period to fund counselling and 2 part-time Project Co-coordinators. We are deeply grateful initially to **Julie Ommer** and her predecessor **Aileen Wright** from the community lottery fund for her guidance and support in the application process in securing this grant enabling us to expand our services and reach in the community.

We received £45,000 in grant funding from the **Robertson Trust** to fund our charity manager position, which is vital in ensuring the day-to-day functioning of the charity is managed and maintained. 2024 was the final year of this funding and we hope that this will continue.



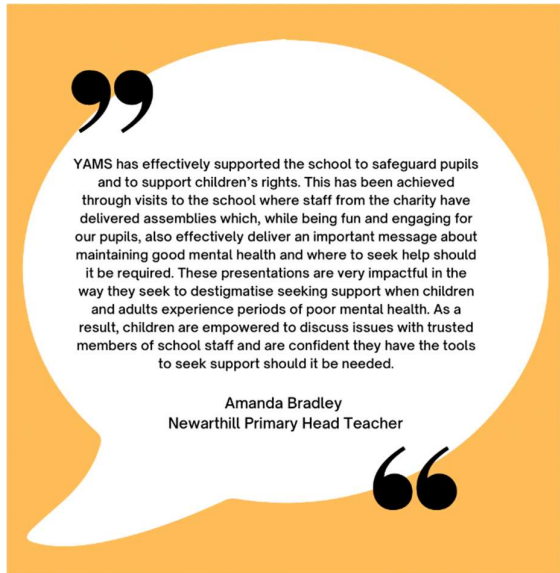
# You Are My Sunshine (YAMS) SCIO

Trustees' Annual Report (continued) for the year ended 30 June 2024

## Achievements and Performance (continued)

We continue to receive funding support from various community groups such as schools, companies, and football clubs. We are most humbled with the affiliation of our local and wider communities and depend on this ongoing support to provide essential services to our community members.

### Feedback



“

YAMS has effectively supported the school to safeguard pupils and to support children's rights. This has been achieved through visits to the school where staff from the charity have delivered assemblies which, while being fun and engaging for our pupils, also effectively deliver an important message about maintaining good mental health and where to seek help should it be required. These presentations are very impactful in the way they seek to destigmatise seeking support when children and adults experience periods of poor mental health. As a result, children are empowered to discuss issues with trusted members of school staff and are confident they have the tools to seek support should it be needed.

Amanda Bradley  
Newarthill Primary Head Teacher

”




“

YAMS stands as a beacon of hope and assistance for countless individuals within our community, offering priceless support that often fills gaps left by traditional healthcare services. The impact of their work is truly outstanding, as evidenced by the countless patients I have referred to their services who have found solace, guidance, and support through their interventions.

In my role, I encounter patients daily who require more than just medical attention – they need holistic support, understanding, and a sense of belonging. YAMS fulfils these needs admirably by offering a range of services, including one-on-one and group counselling, along with engaging social events that foster community interaction and support networks.

Dr. Victoria Jackson  
McInnes Medical Centre, Newarthill

”

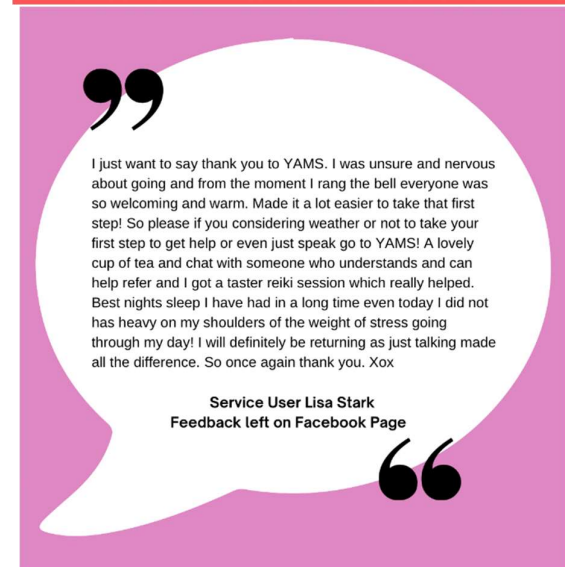


“

When all other services failed in offering my husband the help and support he needed so urgently your team came to the rescue. The counselling and hypnotherapy has been AMAZING, not only are they dealing with all his current issues they are taking the time to dig deep to address the route of all his issues and you cant imagine how much its helping him to deal with all these issues he has tried to shut away for such a long time. He has gone from someone who doesnt show emotion or speak about things to being open and honest with me and himself. I believe my christmas would look very different this year if it wasnt for YAMS.

Anonymous  
Wife of Service User

”



“

I just want to say thank you to YAMS. I was unsure and nervous about going and from the moment I rang the bell everyone was so welcoming and warm. Made it a lot easier to take that first step! So please if you considering weather or not to take your first step to get help or even just speak go to YAMS! A lovely cup of tea and chat with someone who understands and can help refer and I got a taster reiki session which really helped. Best nights sleep I have had in a long time even today I did not has heavy on my shoulders of the weight of stress going through my day! I will definitely be returning as just talking made all the difference. So once again thank you. Xox

Service User Lisa Stark  
Feedback left on Facebook Page

”

# You Are My Sunshine (YAMS) SCIO

## Trustees' Annual Report (continued) for the year ended 30 June 2024

### Achievements and Performance (continued)

#### Spreading Awareness

This year we have been very visible within Schools, Clubs and Businesses providing Information Stalls around the country, and reaching **3284 people directly** through our mental health awareness presentations and wellbeing networking events.

We have presented Free Mental Health and Kindness presentations in the following Schools and Clubs this financial year:

- St. Ambrose HS
- Coatbridge HS
- Braidhurst HS
- Caldervale HS
- Newarthill PS
- Thorn PS
- Corpus Christie PS
- Holytown Colts GFC
- Newmains PS
- Brannock HS
- St Margarets HS

Katie and Rhonda had the privilege of meeting the 2011 and 2012s from Holytown Colts Football Club tonight at the hub to deliver our mental health and kind... See more



Today our founder, Rhonda, was at THORN PRIMARY, JOHNSTONE, SCOTLAND delivering an important mental health and kindness presentation to L. See more



Rhonda and Morag were at St. Ambrose High School in Coatbridge today delivering a mental health awareness presentation to the entire 4th year group. Thank you for having us! See more



#### Financial Review

##### Results for the Year

The Accounts for the year are set out in pages 15 to 17. The *Statement of Receipts and Payments* on page 15 reflects a Surplus for the year of £30,807 (2023 - Surplus £22,748).

At the year end the charity has total funds of £135,914 (2023 - £105,107). This is made up of unrestricted general funds £100,211 (2023 - £80,997) and restricted funds £35,703 (2023 - £24,110). The accounts are prepared on a receipts and payment basis.

At the year end the restricted funds surplus of £35,703 represents grant income received in advance of related expenditure.

Expenditure includes 39,679 of Employee Costs funded by a grant from the Robertson's trust and Big Lottery Grant. The Lottery grant also covers counselling costs of 13,978 with the 2-year grant commencing in March 2023.

We express our sincere gratitude to everyone who has participated in fundraising, donations and providing grants to the charity.

# You Are My Sunshine (YAMS) SCIO

## Trustees' Annual Report (continued) for the year ended 30 June 2024

### July 1<sup>st</sup>, 2023 – June 30<sup>th</sup>, 2024: Some notable income figures

SQA: £7123

Govan Traders Donation: £630

Newarthill Credit Union: £500

Rita Riot Show Donation: £510

Just Giving: £10,559.58

Rachel Hamill Donation: £300

Noreen Davies, Hikers and Bikers Fundraising: £850

Gail McGinn Haircut: £220

St. Ambrose High School Fundraising: £850

William Grant and Sons: £500

Martine McGuire Kiltwalk: £500

Jams for Yams Event Fundraising: £2753

Easter Crafts Fayre Fundraising: £813.41

Paul Brandon Funeral Donations: £628.50

We raised **£10,559.58** through fundraising activities and donations on the Just Giving platform this financial year.

We enrolled in Payroll Giving and have been given **£30 per month** in payroll donations **totaling £360**. The Robertsons Trust provided a 3-year grant in 2021 due to a successful application to fund a Charity Manager position for 3 years. We are hopeful that this funding will continue with a new application submitted this year.

The Lottery Improving Lives grant was successful, and we are grateful to be awarded **£100,040** over a two-year period to fund counselling and 2 part-time Project Co-coordinators 2023-2025. Our partnership with SQA has continued since July 2019 and has now ended in its 6th year. To date, the SQA have raised **£24K** for our charity (**£7123.07** during this financial year) We received a grant from NL Volunteer Challenge fund of **£1225** to provide our volunteers with uniforms.

Strong Partnerships during the year included – SQA, The Scottish Fire and Rescue Service, M&Ds Theme Park, The Alona Hotel Strathclyde Park, WestRock Printers and Patricia's Coffee Bar.

We received referrals from Barnardos, DBI workers, SAMH, NHS Link workers, Social Work and GPs throughout the year.



## You Are My Sunshine (YAMS) SCIO

**Trustees' Annual Report (continued)** for the year ended 30 June 2024

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### **Reserves Policy**

The Board has examined the charity's requirements for reserves, in light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be £45,000 to meet the working capital requirements of the charity and the Board are confident that at this level they would be able to continue the current activities of the charity in the event of a significant drop in funding. The charity continues to work toward its goal of a purpose-built facility and as such the reserves policy will change each year in line with our operational expenditure.

Per the *Statement of Balances* on page 16, the General Fund at 30 June 2024 amounted to £100,211 (2023 - £80,997). After taking into account known debtors and liabilities to be paid from these cash reserves a balance of £98,698 is appraised by the Trustees which the Trustees are satisfied with.

### **Plans for Future Periods**

The charity plans to continue the activities outlined above in the forthcoming years subject to satisfactory funding arrangements. Plans are also being developed to work with local businesses to offer support to their employees and deliver mental health awareness presentations with the hope of securing a charity partnership opportunity which will assist with our funding requirements.

Now we have our permanent Charity premises we remain committed to increasing our impact footprint by expanding our workforce, and our operational capacity to grow our reach.

Build on diversity, inclusive of those with sensory and intellectual disability, and the older adult population.

The charity is exploring ways in which we can utilize digital capabilities to our advantage. Allowing individuals to self-manage access to services, appointments, resources, and therapeutic activities.

The charity will continue to seek opportunities for engagement at all levels in line with the Scottish Government's Mental Health and Well-being Strategy, to support the key principles within this and align our work to good mental health for all.

We will continue to improve our governance structures and processes to make us an attractive charity to volunteers, grant holders and fundraisers alike. Operational and financial governance is of key importance to our functioning and is recognized in association with safe and effective practices which we will continue striving to demonstrate.

The charity will continue to monitor our KPIs and ensure that we are working towards these and our aim which is to secure a grant to build a purpose built eco-friendly mental health and wellbeing facility as an open-door service to all in Scotland.

# You Are My Sunshine (YAMS) SCIO

**Trustees' Annual Report (continued)** for the year ended 30 June 2024

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## Statement of Trustees' Responsibilities

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the charity's financial position and enable them to ensure that the Accounts comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the provisions of the charity's Constitution. They are responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## Independent Examiner

The Trustees recommend that Allison Devine C.A., a Partner in Alexander Sloan LLP, Accountants and Business Advisers, remains in office as Independent Examiner until further notice

This Report was approved by the Trustees on .....<sup>12/2/2025</sup>and signed on their behalf by:



**Vivienne MacLaren**  
Trustee



**Lisa Anne Sweeney**  
Trustee

# You Are My Sunshine (YAMS) SCIO

## Independent Examiner's Report to the Trustees of You Are My Sunshine (YAMS) SCIO

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I report on the Accounts of the charity for the year ended 30 June 2024 which are set out on pages 15 to 17.

### Respective Responsibilities of Trustees and Examiner

The charity's Trustees are responsible for the preparation of the Accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity Trustees consider that the audit requirement of Regulation 10(1) (d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the Accounts as required under Section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

### Basis of Independent Examiner's Statement

My examination was carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the Accounts presented with those records. It also includes consideration of any unusual items or disclosures in the Accounts, and seeks explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the Accounts.

### Independent Examiner's Statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare Accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulationshave not been met, or
2. to which in my opinion, attention should be drawn in order to enable a proper understanding of the Accounts to be reached.

*Allison Devine*

**Allison Devine C.A.**

*Partner*

Alexander Sloan LLP  
Accountants and Business Advisers

Date: 20/2/2025

180 St Vincent Street  
Glasgow  
G2 5SG



# You Are My Sunshine (YAMS) SCIO

## Statement of Receipts and Payments for the year ended 30 June 2024

	Notes	Unrestricted		Total 2024 £	Total 2023 £
		General	Restricted		
		Fund £	Funds £		
<b>Receipts</b>					
<b>Voluntary Income</b>					
Donations		3,708	-	<b>3,708</b>	5,236
<b>Grants</b>					
NL Volunteer Challenge Fund		-	1,225	<b>1,225</b>	-
The Robertson Trust		-	16,500	<b>16,500</b>	17,250
The National Lottery Community Fund		-	50,020	<b>50,020</b>	26,741
<b>Fundraising</b>					
		28,813	-	<b>28,813</b>	15,113
<b>Total Receipts</b>		<b>32,521</b>	<b>67,745</b>	<b>100,266</b>	64,340
<b>Payments</b>					
<b>Charitable Activities</b>					
Salaries		-	39,679	<b>39,679</b>	16,604
Payroll costs		-	641	<b>641</b>	574
Counselling		-	13,978	<b>13,978</b>	8,185
Recruitment costs		-	-	<b>-</b>	168
Payments relating directly to charitable activities		3,458	1,225	<b>4,683</b>	3,439
Stationery and IT		2,528	629	<b>3,157</b>	3,860
Advertising and marketing		571	-	<b>571</b>	339
Insurance		699	-	<b>699</b>	675
Sundry expenses		4,161	-	<b>4,161</b>	4,948
Grants to institutions		-	-	<b>-</b>	1,000
<b>Governance Costs</b>					
Independent Examiner's Fee		1,890	-	<b>1,890</b>	1,800
<b>Total Payments</b>		<b>13,307</b>	<b>56,152</b>	<b>69,459</b>	41,592
<b>Net Receipts/(Payments)</b>		<b>19,214</b>	<b>11,593</b>	<b>30,807</b>	22,748
Transfers	2	-	-	-	-
<b>Surplus/(Deficit) for the year</b>		<b>19,214</b>	<b>11,593</b>	<b>30,807</b>	22,748

The Notes on page 17 form an integral part of these Accounts.

**You Are My Sunshine (YAMS) SCIO**  
**Statement of Balances at 30 June 2024**

	Notes	Unrestricted General Fund £	Restricted Funds £	Total 2024 £	Total 2023 £
<b>Bank and Cash in Hand</b>					
Opening balances		80,997	24,110	<b>105,107</b>	82,539
Surplus/(Deficit) for the year		19,214	11,593	<b>30,807</b>	22,748
<b>Closing Balances</b>		<b>100,211</b>	<b>35,703</b>	<b>135,914</b>	105,287
<b>Reserves</b>					
General Fund		100,211	-	<b>100,211</b>	80,997
Restricted Funds	2	-	35,703	<b>35,703</b>	24,110
<b>Closing Balances</b>		<b>100,211</b>	<b>35,703</b>	<b>135,914</b>	105,107
<b>Debtors</b>					
Accrued Income		-	-	-	500
Prepayments		<b>344</b>		<b>344</b>	333
		<b>344</b>	-	<b>344</b>	833
<b>Liabilities</b>					
Independent Examiner's Fee, including VAT		1,857	-	<b>1,857</b>	1,890
PAYE		-	<b>961</b>	<b>961</b>	258
Pension		-	<b>191</b>	<b>191</b>	73
		<b>1,857</b>	<b>1,152</b>	<b>3,009</b>	<b>2,221</b>

Approved by the Trustees on <sup>12/2/2025</sup>..... and signed on their behalf by:



**Vivienne MacLaren**  
*Trustee*

The Notes on page 17 form an integral part of these Accounts.

## You Are My Sunshine (YAMS) SCIO

### Notes to the Accounts for the year ended 30 June 2024

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#### 1. Basis of Accounting

The Accounts have been prepared on a Receipts and Payments basis in accordance with the Charities and Trustees Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

#### Funds

For the purpose of the *Statement of Receipts and Payments* (page 15) and the *Statement of Balances* (page 16), Funds comprise the following:

**The General Fund** comprises grants and other income received for use at the discretion of the Trustees in furtherance of the charity's purposes.

**Restricted Funds** are subject to specific conditions by donors as to how they may be used. The purposes and uses of the Restricted Funds are set out in Note 2 to the Accounts.

#### VAT

The charity is not registered for VAT and accordingly, expenditure includes VAT where appropriate.

#### 2. Restricted Funds

	Balance at 01.07.23	Receipts	Payments	Transfers	Balance at 30.06.24
	£	£	£	£	£
Salary Fund	72	16,500	(16,572)	-	-
IT Equipment Fund	998	-	(629)	-	369
National Lottery Salary and Counselling Fund	23,040	50,020	(37,726)	-	35,334
NL Volunteer Challenge Fund	-	1,225	(1,225)	-	-
	<b>24,110</b>	<b>67,745</b>	<b>(56,152)</b>	<b>-</b>	<b>35,703</b>

#### Purpose of Restricted Funds

##### **Salary Fund**

Represents funding received from The Robertson Trust towards the salary costs of the part-time manager.

##### **IT Equipment fund**

Represents funding received from HSBC towards the cost of IT equipment for developing digital capabilities. The remaining balance is carried forward for spend during 24/25.

##### **National Lottery Salary and Counselling Fund**

Represents funding received from The National Lottery Community Fund to employ two Project Co-ordinators and fund additional counselling sessions. The grant was awarded for a 2 year project starting in March 2023.

##### **NL Volunteer Challenge Fund**

Represents funding received from NL Volunteer Challenge fund to provide volunteers with uniforms.